

## **Appendix 2 - EMS Touring Logbook Guidelines**

Before presenting yourself for assessment you must log a minimum of 6 quality mountain days (QMD), the aim of these days is to allow you to consolidate subjects learnt during the EMS training. Whilst these do not all have to be done between training and assessment a minimum of 3 should be.

A QMD should be a ski/snowboard tour in which you are required to take all the decisions necessary to keep clients safe and provide an enjoyable experience.

Time should be spent during these tours gaining practice in all the areas due to be assessed on the Level 4 EMS assessment course.

- Use of map and Compass
- Route selection in ascent and descent
- Group management and safety procedures
- Choice of skinning/snowshoeing and skiing/riding line
- Gaining mountain awareness information, weather, flora, fauna etc

The below bullet points clearly lay out the criteria by which you should base your tours on.

- A minimum of three tours with over 600 metres of ascent
- A minimum of three tours with approx. 1000 metres of ascent
- Tours should be a minimum of 4 to 5 hours
- At least half of the tours should follow a different decent to ascent
- The tours should be carried out in at least three distinctly different areas
- Different snow conditions should be experienced during the tours i.e. spring like snow and winter type snow
- Tours should be primarily above the tree line and off recognised tracks and roads
- Tours should be out of the ski resort boundary and away from pistes and lift lines even if no lifts are open
- Tours should not be ascents of popular itineraries

The following documentation should be included with each tour

- A map clearly showing the line of ascent and descent
- A route plan for the day
- A copy of the days weather forecast
- A copy of the relevant avalanche report
- A list of the other members of the party and their qualifications (No tours where you are under instruction or guided will count)
- Photos documenting the whole day

Please be prepared to deliver a short presentation to your Trainer describing your tours.