



Level 2 Instructor Course Programme & Outcomes

Programme

Introductory Meeting – Meet the staff and your trainer. Be prepared to ask questions! (This will normally be at 6pm on the Sunday prior to the start of the course)

- Staff and student introductions and activities
- Ice breaking activity
- Overview of Primary & Enabling Objectives and Assessment Criteria
- Trainer's role
- Course programme
- Preview day 1 activity

NB: Please note that as part of the off snow programme each day there will be a **review** of the days on snow activity and a **preview** of the next day's activity.

Day 1 On Snow

- Introduction to course / ice breaking & group bonding
- Exploration of the link between the Central Theme & Fundamental Elements
- Specific strengths and weaknesses of individual students
- Free skiing and orientation

Off Snow

- Review and on snow activities
- Consolidate student understanding of the Fundamental Elements
- Discuss Central Theme and DVD
- Preview Day 2

Day 2 On Snow

- The central theme (illustrated by trainer)
- Illustrate developmental activities for CT sessions
- Specific strengths and weaknesses of individual students
- Video Session

Off Snow

- Review and record developmental activities for Central Theme
- Discuss and illustrate Movement Analysis model
- Review Video Session
- Prepare teaching session
- Preview day 3

Day 3 On Snow

- Perform teaching session
- Focus on progression of Fundamental Elements
- Specific strengths and weaknesses of individual students

Off Snow

- Review and record teaching session
- Discuss student use of progression of Fundamental Elements

- Discuss the 5 Strands beyond the Central Theme

Day 4 On Snow

- The 5 Strands (illustration by Trainer)
- Focus on the link between Central Theme and Fundamental Elements for the 5 strands
- Specific strengths and weaknesses of individual students
- Video Session

Off Snow

- Review and record the 5 strands
- Discuss Learning Phases & Rating Scales / PPC & video session
- Discuss Communication & Uses of Feedback
- Prepare teaching session for day 5

Day 5 On Snow

- Perform teaching session
- Focus on Communication & Uses of Feedback
- Specific strengths and weaknesses of individual students
- Develop the Central Theme & 5 Strands

Off Snow

- Review and record teaching session
- Discuss student use of Communication & Uses of Feedback
- PPC Chart & Rating Scales
- Action planning for student practise

Day 6 On Snow

- Review individual students action points
- Review the 5 strands and central theme
- Discuss & illustrate developmental activities

Off Snow

- Review and record developmental activities
- Discuss Teaching Styles
- Prepare teaching session
- Preview day 7

Day 7 On Snow

- Perform teaching children session
- Focus on teaching styles
- Specific strengths and weaknesses of individual students
- Develop the Central Theme & 5 Strands
- Video Session

Off Snow

- Review and record teaching sessions
- Video session, Rating Scales & PPC
- Written Paper
- Preview day 8

Day 8 On Snow

- Discuss & illustrate developmental activities
- Perform the 5 Strands & Central Theme
- Highlight and continue to develop changes in student performance

Off Snow

- Review and record developmental activities
- Discuss Leadership Styles
- Prepare teaching session
- Preview day 9

Day 9 On Snow

- Perform teaching children session
- Focus on Leadership Styles
- Perform the 5 Strands & Central Theme
- Encourage student self-appraisal of performance feedback

Off Snow

- Review and record teaching session
- Review student Teaching & Technical PPC
- Preview day 10

Day 10 On Snow

- Perform the 5 Strands & Central Theme
- Inform student of individual strengths and weaknesses
- End of course debrief and result

Off Snow

- Individual student debrief
- Written report & PPC

Outcomes

The course outcomes, that is, what you are expected to achieve by the end of the course, have been organised into four groups. Each of these groups contains a number of elements that form the course content. These groups and their elements are as follows;

Performing	-	Central theme, fundamentals, five strands
Analysing	-	Observation, analysis and evaluation of performance and application of the rating scales
Teaching	-	Planning, delivering and evaluating sessions, teaching tools and methods, customer care, and developmental activities
Safety	-	Hazards and risk assessment, dealing with accidents and emergencies, mountain awareness and snow sport safety and use of snow sport equipment and learning resources

A more detailed list of the primary objectives, enabling objectives and assessment criteria can be found in the Pre-course information booklet.

Course Hours Analysis

- On snow (9.30am to 3.30pm x 10 days) – 50 hours
- Off snow (2 hours each evening x 10) – 20 hours

NB: The last evening of the course will be an individual debrief