



14<sup>th</sup> April 2010

## **BASI SUPPORTS BAXTER'S COMMONWEALTH TEAM BID**

Former Olympic ski racer and BASI member Alain Baxter has announced his latest competitive challenge - to gain selection to the Scottish Cycling Team for the Commonwealth Games in Delhi, India in October 2010.

Since retiring from the British Alpine Ski Team, Alain has gained a BASI Level III teaching qualification and also recently been selected to represent BASI in the demonstration team for Interski in St Anton, Austria in 2011. Already active within the association, Alain acts as one of the "Openers" in the Eurotest Giant Slalom event – one of the qualifying events for candidates wishing to take their International Ski Teaching Diploma.

BASI is lending its support to Alain in his latest quest to continue with top level international competition and is tapping into his knowledge of performance sports by working for BASI, using his expertise to deliver the Strength and Conditioning element of the Common Theory course which forms part of the ISIA Level III qualification.

A former winner of the BBC TV series "Superstars" Alain hopes to participate in the 3 man sprint cycling team at the Games where Scotland are the reigning champions, and is currently training hard using the sports facilities at both Stirling University and the Velodrome in Manchester.